

METHOW AT HOME

ANNUAL IMPACT REPORT 2023



DIRECTOR'S REFLECTION

This report easily shows how many members we have or what programs MAH offered to the community, yet, my goal is really to articulate who we are, what we do, and **why it matters**. The WHY lies somewhere between the operational and the emotional because serving our older neighbors, showing up in good times and hard times, is not just transactional, it is loving kindness in action.

Most importantly, the why is about connection – a deeper sense of connectedness and community as we age. Each time we gather for a game night, attend a lecture, go for a hike, or shovel a neighbor's walkway, we are building true and meaningful social connection in the place we love. Life is richer, it has more meaning, when we continue to learn and grow together.

Thank you to the Methow At Home community for this opportunity to serve alongside you, to learn and grow from you – and with you. We all thrive when we lift each other up!

In gratitude,


SALYNA GRACIE
Executive Director



2023 IN REVIEW

MEMBERSHIP:

- 56 NEW MEMBERS IN 2023
- 333 TOTAL MEMBERS
- 16% MEMBER SCHOLARSHIPS

VOLUNTEERS:

- 2,812 VOLUNTEER HOURS
- 213 VOLUNTEERS
- 20 GUARDIAN ANGELS
- 850 SERVICE REQUESTS
- 8 BOARD OF DIRECTORS
- 7 LOOKOUT COALITION MEDICAL PROFESSIONALS

PROGRAMS:

- 105 GET READY! SOCIAL & EDUCATIONAL PROGRAMS
- 153 CLASSES & WORKSHOPS
- 1,405 PARTICIPANTS
- 130 SAIL CLASSES
- LOOKOUT COALITION MADE 792 HOME VISITS TO CLIENTS
- METHOW CREATIVE AGING DEMENTIA SUPPORT LAUNCHED



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www.methowathome.org / 509.996.5844

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